



Tournament Rules

Tournament Format:

HS Divisions (2016-2019) – Showcase Format. No Playoff

Youth Divisions (2024-2020) will be broken into different pools (as necessary). Each team will play the other teams in their pool. Each team will be ranked according to pool play and seeded for the playoffs. All teams will have at least 4 full length games (weather permitting*)

GENERAL RULES:

1. Mouth guards, arm pads, gloves, helmets, and shoulder pads are required
2. Players may only play for one team during the tournament.
3. Any fighting or flagrant disrespect towards an official will result in expulsion for the remainder of the game and possibly the tournament. No exceptions, no refunds!
4. Please remember all teams came from far and near expecting to play a certain number of games and we rely on the professionalism and sportsmanship of all coaches involved to hold that commitment.

GAME PLAY:

1. All rules will be in accordance with **NFHS** and **US Lacrosse** standards
 - 20 sec / 10 sec clearing rule for ALL ages – 20 seconds to clear the ball from your defensive end. 10 seconds to get into the offensive box
2. 24 minute running halves, with a 3 minute halftime
3. 1 Timeout per game; 1 minute duration; Game clock will stop
4. Clock is start/stop under 2 minutes if the score differential is three goals or less.
5. Referees will keep Game time. Penalty time will be kept in the box.
 - Penalty time is start/stop
6. In the event of a tie, teams will play one continuous sudden victory overtime period. No time-outs permitted in overtime. A one minute break will be given before overtime. NO BRAVEHEARTS
7. There are no mandatory stick checks. However, the head coach may request a stick check. If the stick is found to be legal, the challenging team will be charged a time out. If no timeout remains, a delay of game technical foul will be assessed.
8. Decisions on the field are the final ruling. No disputes will be heard after the game.
9. Any coach or player ejected from a game will not be allowed to participate in the following scheduled game for their team.
10. Teams that appear to be stalling will be warned to keep the ball in the box. All teams with a lead must keep the ball in the box for the last two minutes of the game.
11. Fouling Out: Any player who accumulates 4 personal fouls or 5 minutes in personal foul penalty time shall be disqualified from the game.

Youth (2020-2024) Specific Rules

1. 2015/2016 US Lacrosse Youth Rules (Points of Emphasis [VIEW HERE](#))

- a. Checks to head/neck may result in multiple minutes and/or non-releasable
- b. Unnecessary roughness penalties are non-releasable

2. Three-yard rule: All stick checks, body checks, legal holds, and legal pushes must be on a player in possession of the ball or within three yards of a loose ball.

3. No take-out checks.

4. Two Minute Stall Rule:

- **2020, 2021, 2022** - The Final Two Minute stalling rule shall be **ENFORCED** for these Divisions
- **2023, 2024**- The Final Two Minute stalling rule shall be **WAIVED** for these Divisions.

Playoff Seeding (Youth only)

Playoffs will be seeded by win/loss record. In the event of a tie the following will be used to determine seeding:

1. Head-to-Head

2. Goals Against

3. Goals For

4. Goal Differential

5. Coin Flip

Weather Policy:

Inclement weather is out of the control of the tournament directors, officials and site managers. In the event of thunder and/or lightening, all games will be suspended for 20 min from the last occurrence. Games will resume at their regularly scheduled time

In the event of heavy rain, it is up to the tournament directors, officials, and the site managers as to whether the conditions are deemed safe to play on.